

MESSAGE FROM THE PRESIDENT

MESSAGE FROM PRESIDENT CARON

Tansi everyone,

As the short month of February comes to an end, I want to take the time to reflect on the beginning of 2023 and highlight some of the critically important steps the Métis Nation, through your Métis Governments, are taking to advance the recognition of our inherent rights as we also continue to work together to advocate for the betterment of Métis across the homeland.

Just last week we witnessed the renewed recognition of self-government for the Métis Nation of Alberta, Métis Nation-Saskatchewan, and Métis Nation of Ontario. At signing events with the Minister of Crown Indigenous Relations, Minister Miller, Canada officially recognized these three Métis governments as Indigenous governments representing their citizens and communities within their jurisdictions. This is another step toward what our ancestors had dreamed of: the full recognition that Métis collectively have an inherent right to self-government and self-determination.

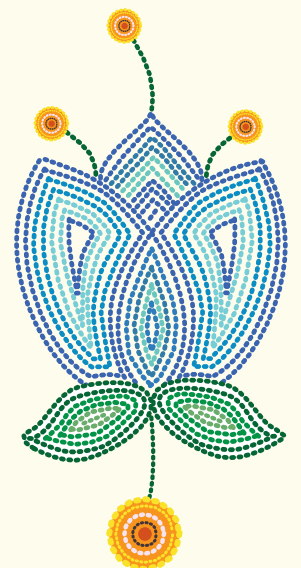
Here in Ottawa this month, our team at the Métis National Council has been working to continue our advocacy efforts in many areas such as child and family services, equitable health care delivery, and education resources to support Métis students.

At a meeting of Provincial, Territorial and Federal Ministers responsible for Indigenous Relations, earlier this month, we had the opportunity to discuss the steps the Métis Nation is taking toward child and family services reform based on methods that will reduce the number of Métis children and youth in care and promote Métis jurisdiction over the design and delivery of Métis child and family services.

Additionally, in support of the Standing Committee on Indigenous and Northern Affairs' study on "Improving Graduation Rates and Successful Outcomes for Indigenous Students," I provided testimony on the work our Métis governments are doing to support

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Métis students as well as recommendations for the Government of Canada to further remove barriers to educational attainment for Métis students. Recommendations from these studies can provide important direction to the government on how they can support the work of the Métis Nation.

Though it was a short month, it was a busy one. There is always more to highlight, and I encourage you all to explore the news pages and social media channels of each of your Métis governments to stay up to date on all of the incredible programs, services, and advocacy taking place across the Homeland, all with the overarching goal of building a strong, healthy, and resilient Métis Nation.

NEW HIRES

Sydney Castro, Natural Resource and Economic Development Policy Analyst

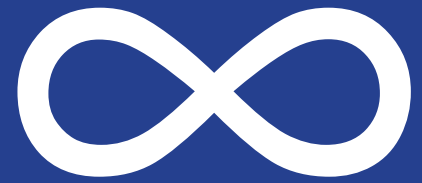
Sydney graduated from Carleton University with a dual degree in Environmental Science and Physical Geography and started off as a student contractor with the Rideau Valley Conservation Authority, and later moved on to work for the federal government with Parks Canada. She took on a few roles both within the federal government and academia while completing her degree, including her time as a research assistant with Algonquin college's Mamidosewin Indigenous Student Centre. Her research team explored the barriers Indigenous students face in accessing post-secondary education and made protocol recommendations to Colleges and Institutes Canada. This research hit close to home as she looked towards the barriers her own adoptive Inuit family faced coming from their remote community in Northwest River, Labrador. She had the opportunity to work with Les Femmes Michif Otipemisiwak for almost two years beginning in 2021, building their environment and climate change department as the Director. She appreciated the opportunity to work closely with her MNC colleagues in this role.



Olivia Hofmann, Junior Health Policy Analyst

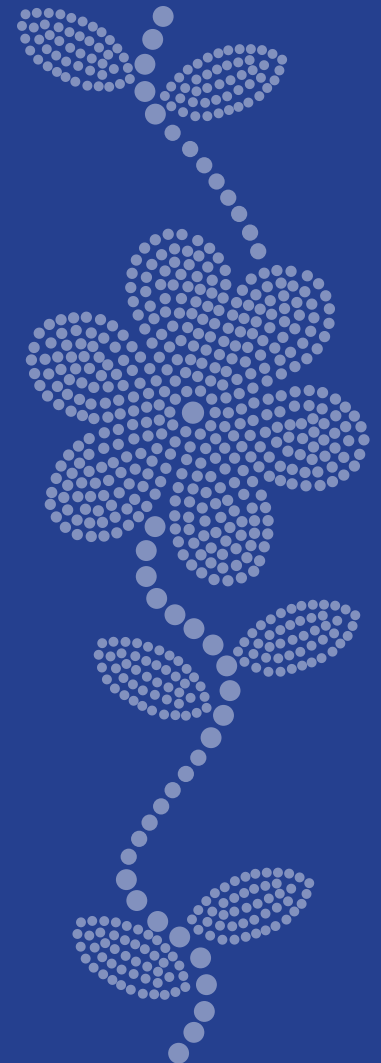
Olivia is a woman from Oshawa, Ontario, with mixed European and Mohawk roots from Tyendinaga Mohawk Territory. She joins the team as a student, working towards her Master of Public Health, specializing in Indigenous Health, at the University of Toronto. Prior to joining MNC, Olivia was a research assistant with the Ontario NEIHR, assisting with data collection, analysis, and knowledge translation activity. She is passionate about advancing Indigenous health care and access to health services, and would

love to learn more about environmental governance and conservation. Olivia is honoured to have the opportunity to learn from Métis citizens and help advance Métis priorities as a part of the team.



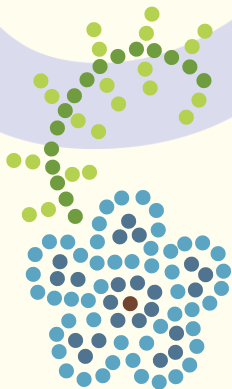
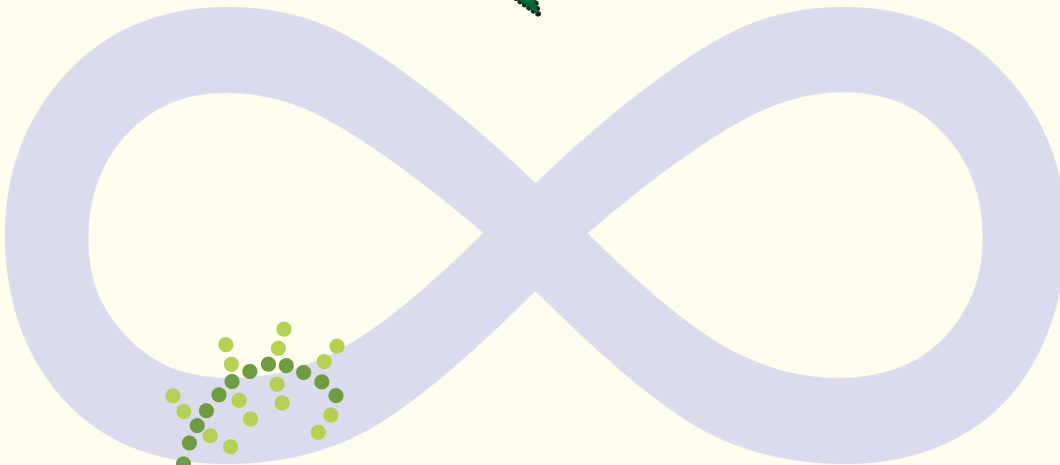
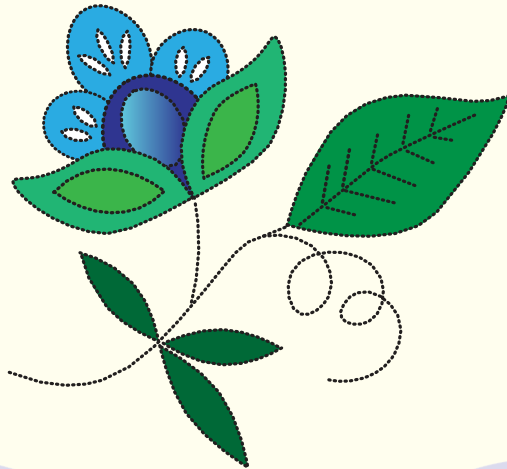
MOMENTS IN HISTORY

Did you know that the Métis National Council was founded on March 8, 1983? For the past 40 years, the MNC has worked tirelessly to ensure the recognition of Métis citizens across the Homeland and work to support the vision of Louis Riel as Métis Governments achieve self-governance.

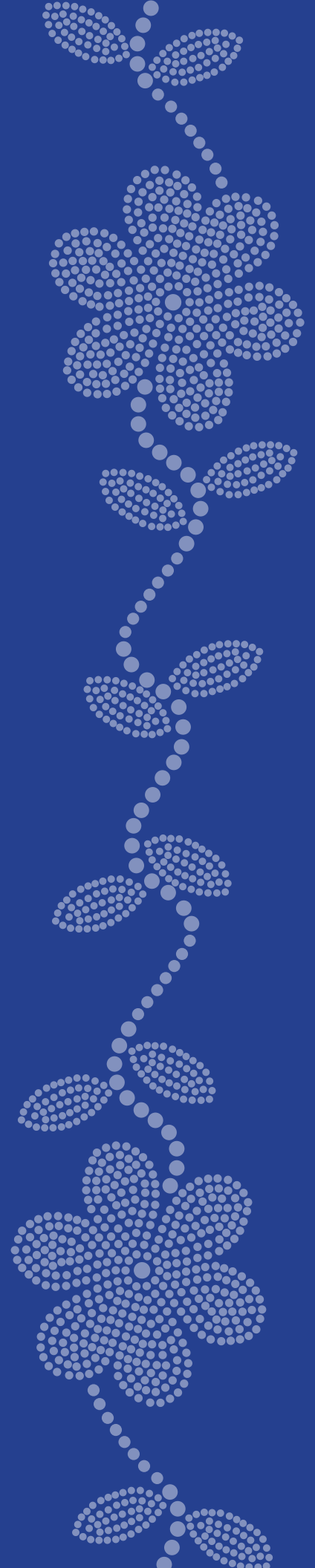


Sive Pausey, Economic Development Policy Advisor

Sive Behan Pausey (pronounced like five) is an Irish Canadian citizen with roots from Dublin and Tipperary. Sive grew up and attended school in Toronto and attended Queen's University where she studied Global Development Studies and minored in French Studies. Sive was involved in many extracurriculars at Queen's where she worked closely with the unhoused population in Kingston. Sive began working for the Canadian Council for Aboriginal Business (CCAB) at the beginning of 2020 where her passion for Indigenous procurement and policy flourished. Some other facts about Sive are that she has Irish danced for over 12 years; recently lived in London, UK for 6 months; and she loves summertime! Sive is beyond excited to be a part of the MNC team and looking forward to meeting all of you.



Send newsletter enquiries to:
newsletter@metisnation.ca





KOKUM'S KITCHEN RECIPES

ONE NATION, MANY STORIES

Monthly updates from the Governing Members

MN-S

Métis Nation – Saskatchewan

Île-à-la-Crosse residential school Survivors are invited to come together in support and solidarity.

With the backing of Métis Nation–Saskatchewan (MN–S), the 2023 Survivors Gathering is in Saskatoon March 24 to 26. Learn about the work that’s being done toward justice for survivors, listen to details about the new legal action against Saskatchewan and Canada, and offer your thoughts about what a survivors’ legacy looks like.

Priority is given to those who lived at the school. Wellness supports are available on site. Come together and share. Register by calling Philip at 306-833-2700.

COMING TOGETHER FOR HEALING & JUSTICE
SURVIVORS GATHERING
MARCH 24-26 / SASKATOON

MNO

Métis Nation of Ontario

The Métis Nation of Ontario (MNO) Annual General Assembly (AGA) is Métis self-government in action. Every year, MNO leadership and citizens from Métis communities across Ontario gather to make their voices heard, review the successes of the past year, and set a course for the coming year.

We encourage you to Save the Date as the MNO’s 30th AGA will be one you don’t want to miss! It is planned to take place in Ottawa, Ontario from August 18 to 20, 2023 – and don’t forget the President’s Welcome and Canoe Arrival is on the evening of August 17, 2023.

Elderberry Syrup

Ingredients:

- 1/2 cup dried elderberries
- 2 cups water
- 1 tablespoon fresh ginger, minced (optional)
- 1/2 cup honey
- fine mesh strainer

Instructions:

1. Combine the elderberries, water, and ginger (if using) in a small saucepan over high heat and bring the mixture to a boil.
2. Lower the heat and allow the mixture to simmer until the water has been reduced by half, about 20 minutes.
3. Transfer the cooked berries and liquid to a clean bowl and pour it through a fine mesh strainer to remove the berry skins.
4. Use the back of a spoon to press on the berries in the strainer, to extract all of the juice, then discard the small amount of pulp left in the strainer.
5. Allow the elderberry juice to cool to room temperature, so that the heat doesn’t harm the nutrients in the honey, then stir in the honey.
6. Use a whisk to incorporate it smoothly, then transfer the syrup into a sealed glass jar that you can store in the fridge. This syrup should keep well for at least two weeks when stored in the fridge, so if you don’t think you’ll use it all before then, feel free to freeze any extras. You can always thaw it overnight in the fridge when you need more.
7. Take 1 teaspoon up to 3 times a day when you feel like you need an immune boost. (Note: Do not give honey to children under 1 year of age.)



This year we would be particularly pleased to have you join our celebrations as we are marking two special Anniversaries in 2023 — the 30th anniversary of the Métis Nation of Ontario and the 20th anniversary of the landmark Métis rights decision in *R v. Powley*.

Watch the MNO website and social media for more www.metisnation.org.

Métis National Council

The Métis National Council presented at the GLOBExCHANGE this week in Toronto! The MNC's Climate and Emergency Management Policy Advisor Dane de Souza offered perspective on collaboration, knowledge, and investment in climate resiliency at GLOBExCHANGE on Tuesday, February 28th. Dane spoke alongside experts and industry leaders in climate action and climate resilient infrastructure as they formulate an interactive discussion on “Removing Roadblocks: Advancing Resiliency Projects”.

Prairie Conservation and Endangered Species Conference (PCESC)



In February, MNC supported Jordan York and Jac Curry from the Métis Nation of Alberta to attend the Prairie Conservation and Endangered Species Conference (PCESC) in Calgary. This conference was the premier conference for scientists, landowners, consultants, educators, nature enthusiasts, land managers, and others to share information and new approaches to conservation, agriculture and protection of prairie landscapes and native species. The PCESC was a great opportunity to network with various organizations regarding conservation from Alberta and Saskatchewan, as well as find inspiration for projects that are important to the Métis Nation.

